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SPECIAL HOME DESIGN SECTION

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PAGES OF FABULOUS LOOKS

Fall Fashion Spectacular

Military clothes for modern men

The rediscovery of opulence

L.A. designers take center stage and more

MARCIA GAY HARDEN

The education of an Academy Award winner

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Angeleno

MODERN LUX



FACE TIME

The city's ultimate facials

If you can't take a little time off, you might as well give your face an opulent mini-vacation at some of L.A.'s top spas. At eco-friendly Enessa, the **Ultimate Facial** incorporates eucalyptus oil to heat the skin and open pores and is followed by a smoothing bio-exfoliant scrub. The Peninsula Spa's latest anti-aging treatment combines Epicuren products with a skin-saving micro-dermabrasion technique to eliminate wrinkles without the redness. The **Aromatherapy Stone Facial** at the super luxe Four Seasons Hotel spa takes a holistic approach to healthy skin. Alternating hot and cold stones helps to alleviate stress and stimulate the senses while color gem therapy reclaims inner balance and energy flow. At Vida Emanuel, the **Red Carpet Facial** revitalizes the skin's natural glow and includes a reflexothermale treatment that preps feet for a Manolo-worthy night on the town. At Spa Mystique, the **Mystique Yang facial** uses botanical extracts to nourish the skin and includes mini-massages fit for a king. Do as the jet-set do at the St. Regis spa where Sjal, the internationally renowned skincare line, unveils its new line of extravagant and scientific facial treatment products exclusively at this Century City oasis. For the ultimate indulgence, the **Champagne Facial** at the Ritz-Carlton Spa in Pasadena combines Champagne extracts and exotic Chinese herbs to stimulate metabolism and fight free radicals. —Jennifer Richards

SPA DAZE: THE LATEST CONTENDERS ON THE L.A. DAY-SPA SCENE

THE SPA	THE SCENE	THE SPECIALTY	THE PERK	THE DAMAGE
<i>The Spa at Equinox in the new Equinox Gym, 8590 W. Sunset Blvd., W. Hollywood, 310.289.1900</i>	<i>Located on the second floor of the gym, the groovy waiting room offers a perfect view of hot mamas and dudes working the treadmill.</i>	<i>A focus on inner health includes acupuncture as well as hypnotherapy. Try the super-soothing body elixirs, 20-minute bath sessions in an enormous infinity tub that can renew, detox or relax.</i>	<i>Gym members get 10 percent off all spa services.</i>	<i>Facials \$90 and up Body elixirs \$50 for 20 minutes</i>
<i>ZenSpa, 23975 Park Sorrento Dr., Ste. 120, Calabasas, 818.591.0046</i>	<i>Owner and former Baywatcher Donna D'Errico's Eastern-inspired oasis where eucalyptus and lavender are pumped into the air. Serene atmosphere with a hint of rock n' roll.</i>	<i>Thai Coconut Scrub, an invigorating head-to-toe dry exfoliating brushing, followed by a coconut and rice scrub, a spritzing of rose water and a tropical fruits lotion.</i>	<i>Spa Members pay nearly \$2,000 annually to get monthly facials and 10 percent off all services and retail, plus unlimited tanning bed, infrared sauna and oxygen bar use.</i>	<i>Facials \$80-199 Body treatments \$80-125 Tanning \$35 per session</i>
<i>Fred Segal Beauty spa, 420 Broadway, Santa Monica, 310.451.5155</i>	<i>Hipster central. White shag rug in the waiting lounge covers the darkly stained concrete floors while cool remixes a la Air and Pope Deluxe pump through the retro-modern surroundings.</i>	<i>The one-of-a-kind Kérastase Treatment Institute and the L'Oréal Color Bar (the first outside Harvey Nichols in London) in the adjacent salon. Body scrubs under a Vichy shower are a must. For the boys: men's straight razor shaves, complete with hot towel treatment and optional Zino Platinum cigar.</i>	<i>Complimentary Orangina, Pellegrino and Borserra organic wine while you wait.</i>	<i>Facials \$95-200 Body treatments \$110-175</i>